







## Preventative Guide

# For Parents







The Health Promotion Department of the Supreme Council for Family

Affairs has launched a series of awareness and educating publications
in light of Covid 19 targetting students, parents, administrative and
teaching staff which included tips and measurements to prevent the
spread of Covid 19 virus





# Preventative guide for parents prepared and produced by Health Promotion Department

in Supreme Council for Family Affairs in Sharjah In cooperation with Sharjah Private Education Authority



## Important Supplies

Dear parents..

With the beginning of the new academic year under the pandemic, make sure to provide and prepare your child with all important preventative supplies to maintain his/her health and safety





#### What are these supplies?

Hand Sanitizer: Hand sanitizer which contains no less than %60 alcohol

Face mask: make sure you keep an extra face mask in your child's bag



Disinfectant wipes: Students should have disinfectant wipes with them to keep their supplies clean and wipe any surfaces if needed

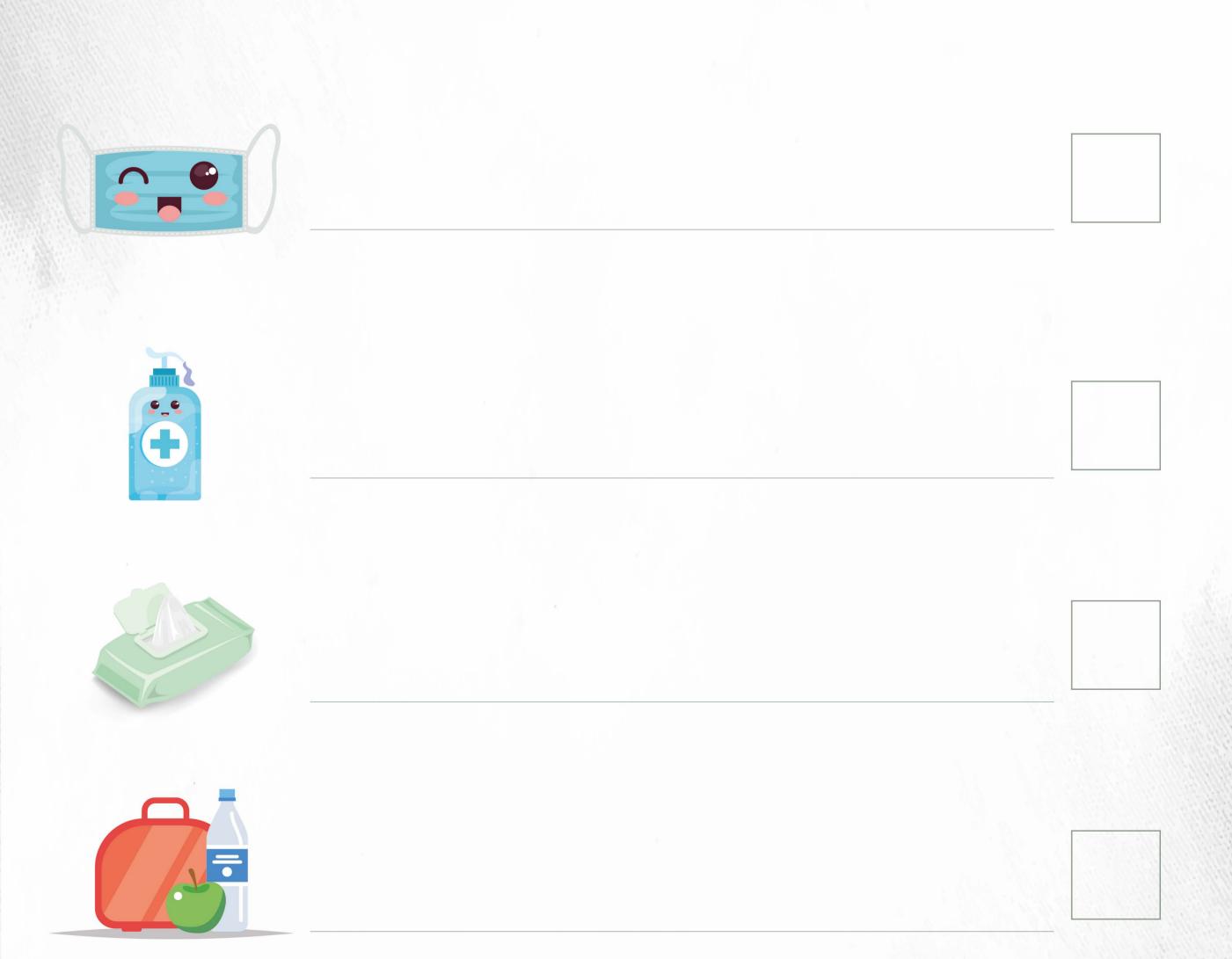
Lunch Box: Prepar students`
lunch boxes at home and
make sure they include foods
that enhance the immunity





### Does your child's bag contain:

CHECKLIST





## Transportation

Dear parents..

Make sure that you follow and educate your child on the preventative rules and guidelines while using different means of transportation on their way to school









#### What are these rules?



Make sure that your child is wearing his/her face mask while going to and coming back from school



Teach your child to sanitize his/her hands before and after using transportation methods



As a parent, follow the entry and exit points of the school and teach your child as well



Teach your child to adhere to physical distancing while using school bus and at assymblee points





### Preventative measures

Dear parents..

When your child returns from school, make sure that you clean and sanitize their school uniforms and supplies



#### What are these measures?

- Make your child leave his/her school shoes at the door
- Make sure you sanitize his/her hands
- Teach him how to take off his/her face mask in the right way
- Sanitize his/her school bag and all his/her other supplies
- Wash his/her school uniform daily
- Teach your child to avoid touching his/her face before washing their hands









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